BEST PRACTICE – I

1. Title of the Practice

"Karuthal 2020" (Care)

2. Objectives of the Practice

- > To provide assistance to the nearby rural community to tackle the present Covid 19 pandemic situation.
- > To train the students to participate in societal needs and to instill in them noble values that would induce them to reach out to those in need.
- ➤ To educate the community regarding the ways to protect themselves from Covid 19.
- ➤ To provide adequate help to the educationally and financially challenged strata of the society.

3. The Context

The college strives to produce intellectually competent, morally upright and socially committed individuals who are capable of creating a new world order built on love and goodwill. Numerous measures were undertaken by the institution to address the concerns of the people of the nearby areas. The college constantly endeavors to provide value based education to all students with special attention to the marginalized. The programme, 'Karuthal' broadened the vision of the students and enabled them to learn the valuable lessons of their responsibilities towards society and nearby communities. This section discusses the self motivated, healthy practices adopted by the college for the benefit and security of the staff and students of the college and nearby communities.

4. The Practice

Continuous efforts were being taken by the institution to provide best support to the nearby communities in times of Covid. As part of the programme, Karuthal, students made

masks and sanitizers and distributed these free among teachers, students and the general public. Wheel chairs, walking stick, soft bed, medicine and food kit were distributed as part of palliative care activities. The students talked to the members of the nearby community about the Covid 19 pandemic. They also answered their questions and shared facts about the pandemic which enabled them to cope with their own stress. Such activities provided opportunities for the students to provide more stable support to those around them and prepare them to deal with the unpleasant situation of Covid 19 pandemic.

5. Evidence of Success

Social responsibility is an essential part of education. 'Karuthal' was an immense success as it benefitted both the students and the local community. The students who took part in the various activities of 'Karuthal' recognized the need to create a better world for the deprived and the needy with special focus on the lesser privileged members of the society. Voluntary donations from the students and the faculty helped to address the problems faced by several people to a great extent. The programme was successful as it could instill in the students a moral and spiritual temper which can lead to their holistic development. The programme also benefitted the students as it helped to prepare them for a socially committed life.

6. Problems Encountered and Resources Required

One of the problems encountered was the difficulty to convince people regarding the significance of the usage of masks and sanitizers. It was observed that the people found it difficult to use of masks properly. The students also had to be careful about their own health. Another problem was that the programme could not be conducted on a regular basis as the student participants had to return to their studies. The expenses involved were shared by the students and staff by voluntary contribution. NCC/NSS volunteers also participated enthusiastically in making this venture a success.

BEST PRACTICE - II

1. Title of the Practice

"Greening the Earth"

2. Objectives of the Practice

- > To implement new methods to utilize resources
- > To educate students about the necessity of preserving environment
- ➤ To educate students about the importance of trees
- > To conserve local biodiversity

3. The Context

The college has always striven to maintain a greener and cleaner environment. The painstaking efforts of the students and staff has successfully transformed the college and nearby areas into a green oasis of shady palms and fruit bearing trees. This helped in environmental protection as well as to maintain ecological balance.

4. The Practice

The students and teachers were actively involved in planting tree saplings and cleaning programmes in and around the college. A few families were selected to spread the awareness regarding maintenance of garden. Gardens were set up in a few selected nearby houses. Activities were classified into those done within the campus and those done outside the campus. Placards with messages on Environmental Conservation were fixed at different locations in the college. Events like talks by experts, quiz, essay writing, slogan writing etc. were organized to create awareness among students. Important days related to the environment were observed in the college with competitions and poster displays.

5. Evidence of Success

These activities helped students to appreciate environment. It also helped them to involve in addressing the environmental issues of the locality. It helped to inculcate interest and generate awareness among the students on ecological importance. The greenery helped to provide a serene atmosphere in the campus. The classrooms were well ventilated and the thick vegetation inside the campus helped to maintain a cool temperature in the campus. This also helped in keeping the campus pollution free.

6. Problems Encountered and Resources Required

The people often took it for granted the greenery which they are blessed with. The follow up activity of maintaining the saplings planted was a laborious task. The wild plants often swallowed the saplings. Water logging was another problem encountered due to excess rainfall and the saplings got destroyed.